

FAQ ABOUT UPWARD @ LEBANON

What is the height of the goal for my child's grade?

K5-1st Grade is 8'

2nd-3rd Grade: 8'

4th-5th Grade: 9'

Middle School: 10'

What size basketball should my child practice with?

K5 plays with a 27.5, 1st-4th grade plays with 28.5, and 5th-8th plays with a regulation size basketball (29.5).

What color are the uniforms this season?

For the 2021 basketball & cheer season, our primary color is blue, and the secondary colors are orange and gray. The uniform is reversible, with the home color being blue and the away color being gray. The cheerleading uniform is blue and orange.

When does the basketball season begin and end? What are the other keys dates?

PRACTICE WEEKS (Mon, Tue, Thu, FRI):

Practices begin the week of January 4 and run through the week of March 22.

GAME SATURDAYS:

Saturdays, February 6-March 27

TOURNAMENT DATES (6TH-8TH GRADE):

TBD

AWARDS NIGHT:

April 17, 2020

Where are practices/games held?

Your child's team will be assigned a court in the Family Life Center at Lebanon Baptist Church that you will use each practice. Most of the games will be held at Lebanon Baptist Church. There is a possibility that 50% of the older girl's division (4th-8th) will have games at First Baptist, Greensboro.

Are scholarships or payment plans available if I am unable to afford the registration fee?

Yes, if you are interested in applying for a scholarship or signing up for a payment plan, please click [here](#).

Can I request that my child be on the same team as his/her friend?

Yes; however, we cannot guarantee this will occur. In the end, we believe this promotes the balancing of teams and also allows for the children to engage in healthy relationship with other children and make new friends.

Is there a discount for registering multiple children from one family?

Yes. As a non-profit league, we work hard to keep our league affordable and competitive in its pricing. Therefore, we have provided a multi-child discount in order to promote an affordable league for you and your family.

May I coach my child's team?

Yes, provided that you complete the necessary steps including giving us permission to complete a criminal background check and attending mandatory coach training (and, of course, based upon availability). We'd love to have you join in! You can sign-up to coach [here](#).

Where can I find rules specific to this Upward basketball league?

Can download the rules for our league by clicking [here](#).

Will my children be on the same team?

If your children are in the same age division, they will automatically be placed on the same team. There is no need to request it. Otherwise, they will be placed on different teams in the appropriate division.

Are there other ways to keep up with Upward news and updates?

The very best way to keep up with our Upward league is to "like" our Facebook page by clicking [here](#). You can also text Upward to 336.347.4601 to receive Upward alerts.

Can I register my child at evaluation nights?

After the registration deadline, all registrants will be considered to be on a "waiting list" and subject to availability. By the time evaluations roll around, the waiting list is generally long and availability is slim. Whereas we allow you to register at evaluations, the chances are much lower than getting it done on time. Please help us by communicating this to your friends and to the community as we do not want anyone left out.

Where and when are evaluations/orientation held?

Evaluations/Orientation always take place in the Family Life Center at Lebanon Baptist Church. Please be aware of the following dates concerning the different age groups and their evaluations:

Basketball Evaluations:

- Thursday, December 10 (6:00pm-6:45pm): K5-1st Grade Boys and Girls
- Thursday, December 10 (7:00pm-7:45pm): 2nd-3rd Grade Boys and Girls
- Saturday, December 12 (9am-9:45am): 4th-5th Grade Boys and Girls

- Saturday, December 12 (10am-10:45am): 6th-8th Grade Girls
- Saturday, December 12 (11am-11:45am): 6th-8th Grade Boys

Cheerleading Evaluations:

Regardless of their age, Cheerleaders can attend *either* evaluation time. **Your cheerleader will not need to attend both, just one evaluation as stated below:**

- Thursday, December 10 (6:00pm-7:00pm): K5-8th Grade Girls
- Saturday, December 12 (10am-11am): K5-8th Grade Girls

Where can I find more information about Upward Sports?

You may visit their main website [here](#) or you may see more FAQ's for parents [here](#)

Will my child tryout for a team, and how will he/she be placed on a team?

There are no tryouts in Upward Basketball & Cheer. Each child will attend a mandatory evaluation/orientation night (see Key Dates above) where basketball players will be guided through a few skills and drills that help identify each child's skill level. These evaluations, held at our gym, are designed to create balanced teams and give each player an opportunity to improve his/her basketball skills. Cheerleaders will go through a brief orientation. Each child will also have the opportunity at evaluations to fit for jerseys, be measured for height and handle outstanding balances.